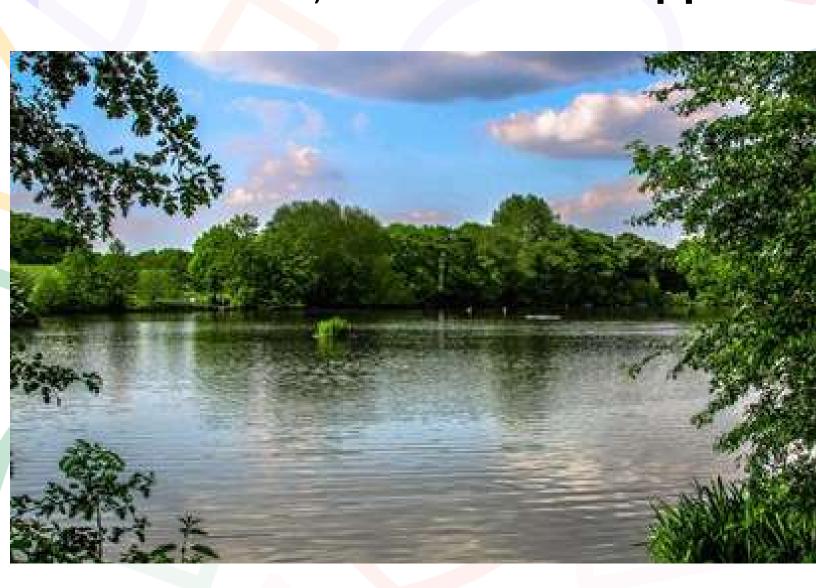
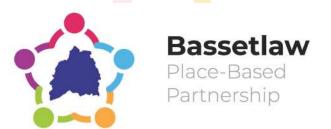


February Half Term in Bassetlaw

Information, Activities & Support





Welcome to the Bassetlaw Support Booklet: Your Guide to Half-Term Health & Happiness

As families across Bassetlaw prepare for the upcoming school holidays, we understand that finding accessible support and engaging activities can sometimes be a challenge. That's why we've created this comprehensive booklet—to serve as your go-to resource for navigating the half-term break as positively as possible.

Within these pages, you'll discover where to access support services as well as a range of free or low cost activities tailored to the different interests of families in our community.

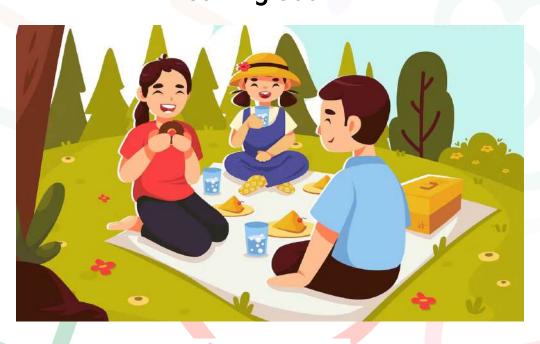
From swimming times to museum events, we've collated a collection of options designed to make your half-term experience fulfilling and enjoyable without breaking the bank.

Whether you're seeking assistance, looking for inspiration, or simply exploring new places to go for family fun, the Bassetlaw Half-term Support Booklet is here to help.



Contents

Cost of Living Support Nottingham Festival of Science & Curiosity Clumber Park **Manton Events** Idle Valley **Swimming Times** Museum of the Horse Walks of Life Museum **Local Play Parks** From the Heart Charity Savoy Cinema Kids Club Help and support **LGBT History Month** Cancer Children's Health **Coming Soon**





Cost of Living Support





www.bcvs.org.uk/colbassetlaw

The Bassetlaw Cost of Living support page contains information and guidance around the support available in Bassetlaw in relation to the Cost of Living.

This includes information about where you can get help in relation to money and finance concerns, housing, energy, families, clothing, food and more.

Food Support

The following food support will be available during the half-term break based at Harworth, Worksop and Langold.

February 2024 Half-Term Food Suppor Bassetlaw







Monday 12th February Devonshire Rd, Harworth 2.00pm - 2.30pm

£5 for the first ever bag, and then £3.50 per bag Harworth DN11 8HG



Tuesday 13th Febraury Lime Tree Nursery 12.45pm - 1.15pm £3.50 per bag



Tuesday 13th February 10.00am - 12.00pm Free pancake making and

Worksop S80 2PU

activities at Manton Club



Food Hub & Pancakes **Tuesday 13th February** 2.00pm - 3.00pm

Worksop S80 2TS Food Hub = £3.50 per bag - Includes a FREE pancacke lunch



Now Church Langold Food Hubs Tuesday 13th February & Wednesday 14th February 9.30am - 12.30pm Langold, S81 9RJ £5.00 per bag

All food Hubs are open to all and there is no eligibiity critieria.

Pancake Day

Tuesday 13th Februar



DON'T

FORGET!















Bassetlaw

Nottingham Fesitval of Science & Curiosity











BassetlawPlace-Based
Partnership

Nottingham Fesitval of Science & Curiosity

The Bridge Skills Hub, 9 Bridge Pl, Worksop S80 1DT



Events at The Bridge Skills Hub

Tue 13th Feb - The Wonder of Space planetarium show

Tue 13th Feb - Exploring Electricity

Tue 13th Feb - Bassetlaw Employer STEM Activities

Tue 13th Feb - Star Makers: The Energy of Tomorrow

Bookable activity: 11am, 12noon, 1:30pm & 2:30pm

Drop-in activities: 11am, 12noon, 12:30pm & 1:30pm

Drop-in activities: 11am - 3pm

Bookable screenings: 4pm - 5:30pm & 7pm - 8:30pm

View more FREE Bassetlaw FOSAC events and book onto activities at: nottsfosac.co.uk







NOTTINGHAM FESTIVAL of SCIENCE & CURIOSITY

Events at Bassetlaw Museum

Mon 12th Feb - Exploring Electricity

Tue 13th Feb - Veolia Recycling and Craft

Wed 14th Feb - Trelleborg Employer STEM Activities

Thu 15th Feb - Experiment with Colour

Fri 16th Feb - Lego Activity

Drop-in activity: 10am - 12noon & 1pm - 3pm

Drop-in activity: 10am - 12noon & 1pm - 3pm

Events start at: 11am, 12:30pm & 1:30pm

Drop-in activity: 10am - 12noon & 1pm - 3pm

Drop-in activity: 10am - 3pm

View more FREE Bassetlaw FOSAC events and book onto activities at: nottsfosac.co.uk









Clumber Park Worksop S80 3AZ



Made for family adventures, Clumber Park has 3800 acres of parkland and woodland to explore, and over 20 miles of multi-use paths to enjoy on two legs, four legs, two wheels or more.

Join us this February and see how many of the '50 things before you're 11 3/4' activities you can cross off your list. There's even a '50 things to do when you're a little bit older' for adults to enjoy too.

From getting to know a tree and building a den, to creating wild art and making friends with a bug. There are so many adventures to be had, we're sure you'll have lots of fun connecting with nature.

Start your journey in our brand new '50 things' room, which opens on 10 February and can be found at the back of the Discovery Centre.

Join the team at Lake Brew in Hardwick village on Tuesday 13 & Wednesday 14 February from 10.30 for a 'Love a Bug' crafting session, making bug hotels for insects and mini beasts.

No booking required.

Clumber's Cycle Hire will be open every day with last hire at 13.30.

Hire is on a first-come, first-served basis.



Manton Events

Two fantastic events taking place in Manton this half-term!
Both free to attend and everyone is welcome.
Make a pancake, pot some peas and grow a pumpkin!



Join us this Half Term for some pancake making, pea potting and pumpkin planting!

Tuesday 13th February 10am - 12noon @ Manton Club, S80 2PU

Bring the children to make a pancake, talk to us about what you would like to make "batter" in your community and join From the Heart Charity to make a Valentine's Card and other crafts. Free to attend.

Wednesday 14th February Growing Volunteers 10am - 12noon Willow Community Gardens, S80 2UA

Come and join us at Willow Community Gardens to pot pumpkins and peas! There will also be a scavanger hunt for children, so come and join us in "growing" volunteers at Willow Gardens. Free to attend.























Idle Valley North Rd, Retford DN22 8RQ

This reserve consists of a beautiful network of lakes, wetland, grassland and scrub. It is home to a diverse range of wildlife and is recognised as one of the richest birding sites in the region. Look out for birds such as gadwall and little grebe in winter and breeding wading birds including little ringed plover and redshank in spring and summer.

www.nottinghamshirewildlife.org/ nature-reserves/idle-valley





Family Fun Swimming Times



Worksop Leisure Centre

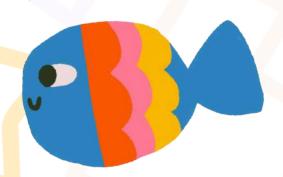
Monday - 1.30pm - 3.00pm

Tuesday - 1.30pm - 3.00pm

Thursday - 1.30pm - 3.00pm



Retford Leisure Centre



Monday - 1.30pm - 2.30pm

Tuesday - 1.30pm - 2.30pm

Tuesday - 1.30pm - 2.30pm

Wednesday - 1.30pm - 2.30pm

Friday - 1.30pm - 2.30pm

Bircotes Leisure Centre

Monday - 12.30pm - 2.00pm

Thursday - 12.30pm - 2.00pm

Friday - 12.30pm - 2.00pm









Museum of the Horse Market Pl, Tuxford, Newark NG22 OLA

Open Monday to Friday from 9am to 4.30pm and Saturday 9am-2pm.

Last entry one hour before closing.

Other times can sometimes be available for groups by appointment.

Entry is currently free but they would appreciate a donation depending on how much you think it is worth.



Walks of Life Museum

33 Lincoln Rd, Tuxford, Newark NG22 OHR www.walksoflifemusem.org

The Walks of Life Museum is home to a unique collection of hand-pushed vehicles collected by the late Dorothy Harrison.

Uncover the history of these fascinating objects and roll the 'museum on wheels'.





Play Parks and Open Spaces

The Canch
Memorial Avenue/Priorswell Road Worksop S80 2BU

King's Park
Chancery Lane, Retford, Nottinghamshire, DN22 6DF

Langold Country Park
Church Street, Langold, S81 9NW

Clumber Park, Worksop S80 3AZ





From The Heart Charity

















JOIN US FOR





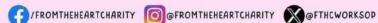
EVERY FRIDAY

10AM - 12PM

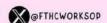
FTHC CHARITY OFFICE, 48 GATEFORD ROAD, WORKSOP, S80 1EB

COLOURING CRAFTS FUN!

COME ALONG AND JOIN IN THE FUN - ALL AGES WELCOME!









Savoy Cinema Kids Club

S A V O Y Worksop

www.savoyworksop.co.uk

The Savoy Cinema Kids Club screenings take place on Saturday and Sunday (and every day in the school holidays) at 10.15am. Parents and children can enjoy a movie at the cinema for the incredible low price of just £2.75 each. Please note all adults must be accompanied by a child. You can easily spot Kids Club showings on the Savoy Cinema Worksop website, as they are always shown with an orange KC next to the performance time.

Tickets can be booked online. Film line-up is subject to change. Tickets will be available to book from around 6pm on the Monday before the date listed, except where that Monday is a bank holiday - in which case it'll be the Tuesday instead.







Rockin Roller World - Harworth

Unit A, Harworth Business Park, Harworth, United Kingdom, DN11 8DB





Fabulous February Half Term Activities



Tuesday 13th - 10am to 4pm - Pancake Paradise

Dress your own pancake with ice cream, whipped cream, edible glitter & other toppings.

Wednesday 14th - 10am to 4pm - Disney affairs of the Heart

Calling all Disney Fans - Celebrate your love affair with some of the best music from iconic Disney films and join in with fun themed games (11:30, 13:30 & 15:00)

Thursday 15th - 10am to 4pm - Skills & Skate

10am to 12 noon - improve your skating with some of our lead skaters on hand to help get you gliding, bubbling, cornering and even moving backwards (you don't have to come for the whole 2 hour session).

12 noon to 4pm general skate.

Friday 16th -10am to 4pm - Fit for Friday

General skate day with a little skate fit thrown in every couple of hours for around 15 minutes. Child/beginner friendly circuit training to help gain confidence.

Great for big kids too (parents).







Since 2004 LGBT+ History Month has been celebrated every February across the UK. The national month-long campaign, which is designed for everyone, focuses on LGBT+ history and heritage, how much progression has been made and the challenges that LGBT+ communities still face today. LGBT+ History Month is for everyone to support and celebrate whether you work in health, education, the VCSE or business sector, or are a member of a network/social group or an individual.

Every year there is different theme of LGBT+ history.

The theme for LGBT+ 2024 History Month is 'Representation in Medicine' linking well to the importance of good health and wellbeing and the professionals who work hard to achieve this. We have created an information and resources page in collaboration with LGBT+ Service Nottinghamshire, as the LGBT+ lead for Bassetlaw, and Bassetlaw Placed-Based Partnership.

Visit the Bassetlaw LGBT+ History Month page here: www.mentalhealthbassetlaw.org/lgbt-resources



We have also put together some activites on the next few pages that you can print off and do with your children during half term.





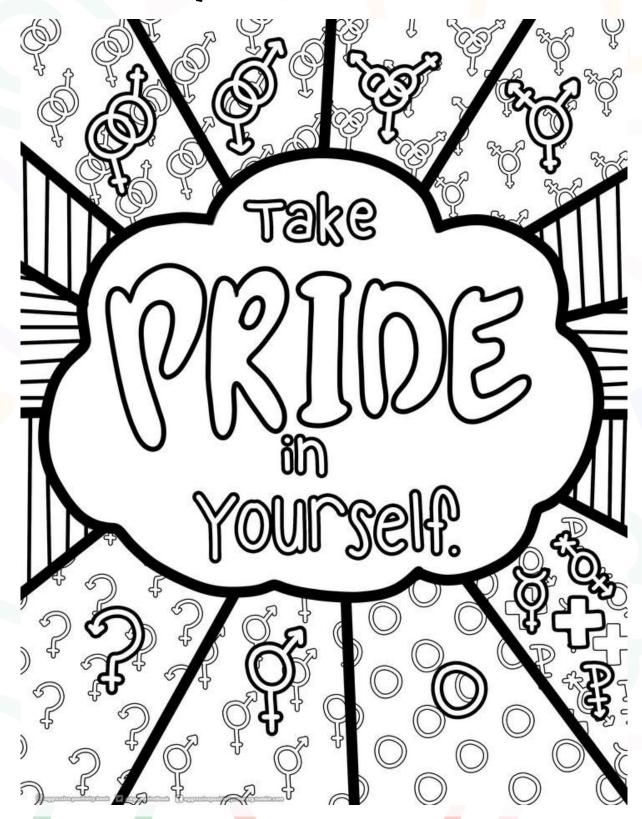


LGBT+ Wordsearch

Ε	Ε	٧	0	L	Α	N	Α	L	T	Y	Α	С	Q
E	Α	X	S	I	C	N	U	G	R	T	Ε	R	Α
S	Α	L	L	Υ	С	0	R	В	Α	I	С	С	N
R	Α	Α	Υ	Q	Ε	I	N	Т	N	S	N	Ε	0
М	Т	Α	S	U	Р	S	S	Q	S	R	Α	D	I
Α	G	Ε	R	Е	Т	U	U	Е	G	Е	R	Ι	S
R	R	В	0	Ε	Α	L	Р	Α	Ε	V	Ε	R	S
R	D	I	G	R	N	С	Р	Α	N	I	L	P	Ε
I	U	N	Α	Α	С	N	0	Α	D	D	0	S	R
Α	L	E	Е	Α	E	Ι	R	Α	Е	Е	Т	L	Р
G	I	D	Ε	N	Т	Ι	T	Υ	R	U	Т	U	X
Ε	G	L	Α	U	X	Ε	S	I	В	N	Q	Ε	Ε
L	Α	X	0	Ε	Q	U	Α	L	P	U	Ε	Α	0
Ι	E	Ι	N	G	N	M	L	E	S	В	I	Α	N

GAY QUEER TRANSGENDER **EXPRESSION SUPPORT EQUAL** ALLY PRIDE LOVE **TOLERANCE DIVERSITY BISEXUAL** MARRIAGE LGBTQ LESBIAN **ACCEPTANCE INCLUSION IDENTITY**

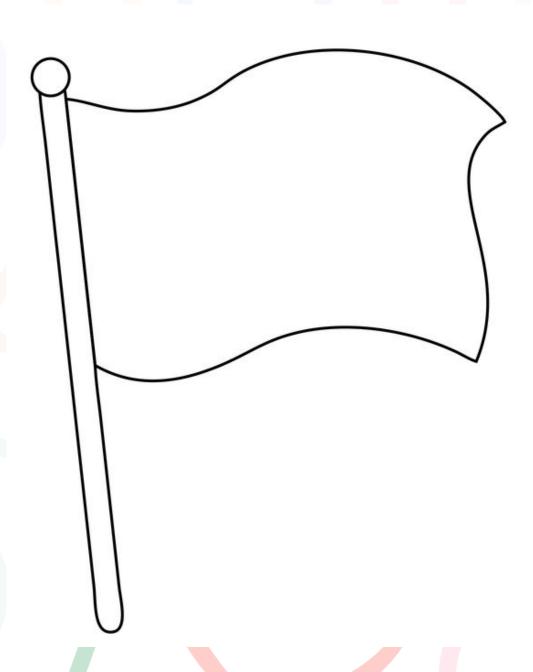






Design your own flag.

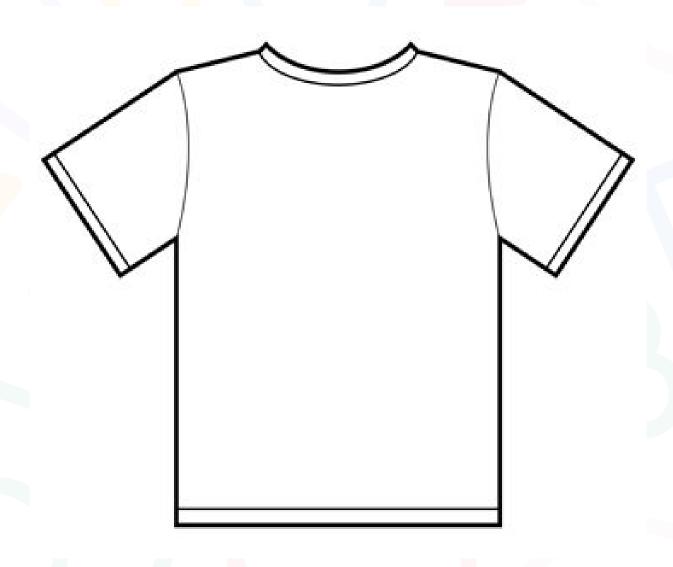
Please email any photos to bassetlawplace@bcvs.org.uk
- we would love to see your creations.





Design your own t-shirt.

Please email any photos to bassetlawplace@bcvs.org.uk - we would love to see your creations.







What if we checked our bodies as much as we checked our phones?

Visit the new Bassetlaw Cancer information page if you have any worries or concerns.



Phone Screen VS Cancer Screen Only one could save your life

www.aurorawellbeing.org.uk/cancer-info





South Yorkshire and Bassetlaw Integrated Care System CANCER ALLIANCE



Family Health



Nottingham and Nottinghamshire

Boost your immunity

If you are pregnant, it is important you top up your immunity. Vaccinations will help protect you and your baby from viruses such as Covid-19 and flu.

NottAlone

It's OK not to be OK





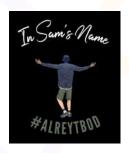


Help & Support



Nottingham and Nottinghamshire Talking Therapies Talking Therapies is available for adults aged 18 years or over who are registered with a GP in Nottingham and Nottinghamshire.

Simply self-refer to get started | www.notts-talk.co.uk





In Sam's Name

For the next In Sam's Name and In Sam's Name for Her meet ups and walks please visit:

www.insamsname.co.uk

Support for your mental health



Nottingham an Nottinghamshir

Mental health crisis

Crisis Sanctuaries: 0115 844 1846

Crisis Line: 0808 196 3779

Text NOTTS to 85258

Depression, anxiety, stress

Depression, anxiety, succes

Talking Therapies: 0333 188 1060

Looking after yourself

Every Mind Matters website: nhs.uk/every-mind-matters

Which health service should you use?



For common allments and illnesses such as sore throat, grazed knee, diarrhoea or indigestion. Top tip: Keep a medicine cabinet at home stocked with Items like pain relief, plasters and cold medicines.

For arbice on conditions such as headaches, aches and palns or an upset stomach. Top tip: Pharmacist recommend over-the-counter treatments and advise if you need to contact your GP practice.

If you have symptoms that don't go away, such as ear ache, back pain or ongoing health concerns. Top tip: Use online or phone consultations if possible, to save surgery appointments for those who need their most.

For urgent medical help that isn't an emergency.

111 can direct you to the right service such as Urgent Treatment Centre.

For improve can access 111 online at 111.habs.

For minor conditions such as sprains, strains, broken bones, minor burns and wounds. Attend an Urgent Treatment Centre at 5t. Mary's Community Health Campus in Postmouth, Gosport War Memorial Hospital or Petersfield Hospital.

For life-threatening emergencies only such as loss of consciousness, severe chest pain, broatting difficulties, stroke or heavy bleeding that cannot be stopped. Our nearest Emergency.

Or Call 1991

Consciousness, severe chest pain, broatting difficulties, stroke or heavy bleeding that cannot be stopped. Our nearest Emergency.

Or Call 1991









Help & Support



CONTACT:

www.lgbtplusnotts.org.uk info@lgbtplusnotts.org.uk 01909 479191 07761 500169





www.kooth.com





Abbey Street, Worksop, Notts, S80 2LA, United Kingdom Tel: 01909 530943

Tel: 0330 822 4100

4pm till 11pm



Healthy Family Teams

www.nottinghamshirehealthcare.nhs.uk/healthy-family-teams



Coming Soon



Move More in May is retuning in 2024 for another year of movement, memories and minions!

Keep your eyes peeled for a programme of activities and events throughout May to encourage as many people as possible to take part.

Join our the new facebook group to share your journey with others, find out about the latest news and events, and be in with the chance of winning prizes.



www.facebook.com/groups/mmimbassetlaw



Coming Soon



SpongeFest
Musical Festival
is coming to
Worksop on 25th
May!
Tickets are on
sale now, and all
profits will be
donated to In
Sam's Name
Charity.

TICKETS ON SALE FRIDAY!







WORKSOP RUGBY CLUB, STUBBLING LANE, S80 1NF

Bassetlaw has THREE Pride Events to look forward to in July. Harworth & Bircotes, Worksop, and Retford. Save the Dates!



