

# CHEF'S DAILY SPECIALS

## AUTUMN-WINTER MENU 2023-24

### WEEK 1



	MAIN MEAL DEAL	VEGETARIAN MEAL DEAL	DAILY MEAL DEALS
MONDAY	<p><b>CHEESY TOMATO PASTA</b> MILK GLUTEN MUSTARD SOYA</p> <p><i>Served with:</i> garlic slice &amp; salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding &amp; custard <small>MILK</small> <small>(see separate list for pudding allergens)</small></p>	<p><b>ROASTED VEGETABLE PASTA</b> MILK GLUTEN MUSTARD SOYA</p> <p><i>Served with:</i> garlic slice &amp; salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding &amp; custard <small>MILK</small> <small>(see separate list for pudding allergens)</small></p>	<p><b>JACKET POTATOES</b> with filling of the day</p> <p><b>PANINIS</b> with filling of the day</p> <p><b>PASTA KING</b> choice of the day</p> <p><b>SANDWICHES</b> assorted fillings</p> 
TUESDAY	<p><b>CHICKEN &amp; COCONUT CURRY</b> MUSTARD CELERY MILK</p> <p><i>Served with:</i> rice &amp; naan <small>GLUTEN</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p><b>SWEET &amp; SOUR QUORN</b> CELERY EGG</p> <p><i>Served with:</i> rice &amp; prawn cracker <small>CRUSTACEANS</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p><b>JACKET POTATOES</b> with filling of the day</p> <p><b>PANINIS</b> with filling of the day</p> <p><b>LOVE JOES</b> choice of the day</p> <p><b>SANDWICHES</b> assorted fillings</p> 
WEDNESDAY	<p><b>ROAST PORK</b></p> <p><i>Served with:</i> mashed potatoes &amp; seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p><b>ROAST QUORN</b> <small>MILK EGG</small></p> <p><i>Served with:</i> mashed potatoes &amp; seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p><b>JACKET POTATOES</b> with filling of the day</p> <p><b>PASTA KING</b> choice of the day</p> <p><b>SANDWICHES</b> assorted fillings</p> <p><b>BURGERS</b> served in a bun</p> 
THURSDAY	<p><b>PASTA BOLOGNESE</b> GLUTEN MILK FISH SOYA MUSTARD</p> <p><i>Served with:</i> garlic slice <small>GLUTEN MILK SOYA</small> &amp; salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p><b>VEGETABLE CHOW MEIN</b> SOYA EGG GLUTEN</p> <p><i>Served with:</i> prawn crackers <small>CRUSTACEANS</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p><b>JACKET POTATOES</b> with filling of the day</p> <p><b>LOVE JOES</b> choice of the day</p> <p><b>SANDWICHES</b> assorted fillings</p> <p><b>PASTA KING</b> choice of the day</p> 
FRIDAY	<p><b>MSC BATTERED FISH</b> FISH GLUTEN</p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p><b>PLANT BASE SAUSAGE</b> SOYA SULPHUR DIOXIDE</p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p><b>JACKET POTATOES</b> with filling of the day</p> <p><b>PANINIS</b> with filling of the day</p> <p><b>PASTA KING</b> choice of the day</p> <p><b>SANDWICHES</b> assorted fillings</p> 

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### WEEK 2



	MAIN MEAL DEAL	VEGETARIAN MEAL DEAL	DAILY MEAL DEALS
MONDAY	<p><b>PASTA BOLOGNESE</b> GLUTEN MILK FISH SOYA MUSTARD</p> <p><i>Served with:</i> garlic slice <small>GLUTEN MILK SOYA</small> &amp; salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p><b>MEAT FREE PASTA BOLOGNESE</b> GLUTEN SOYA MILK MUSTARD</p> <p><i>Served with:</i> garlic slice <small>GLUTEN MILK SOYA</small> &amp; salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p><b>JACKET POTATOES</b> with filling of the day</p> <p><b>PANINIS</b> with filling of the day</p> <p><b>PASTA KING</b> choice of the day</p> <p><b>SANDWICHES</b> assorted fillings</p> 
TUESDAY	<p><b>SWEET &amp; STICKY TURKEY NOODLES</b> SOYA EGG GLUTEN SESAME</p> <p><i>Served with:</i> prawn crackers <small>CRUSTACEANS</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p><b>ROASTED VEGETABLE PASTA</b> MILK GLUTEN MUSTARD SOYA</p> <p><i>Served with:</i> garlic slice <small>GLUTEN MILK SOYA</small> &amp; salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p><b>JACKET POTATOES</b> with filling of the day</p> <p><b>PANINIS</b> with filling of the day</p> <p><b>PASTA KING</b> choice of the day</p> <p><b>SANDWICHES</b> assorted fillings</p> 
WEDNESDAY	<p><b>SAUSAGES</b> GLUTEN SULPHUR DIOXIDE</p> <p><i>Served with:</i> mashed potatoes &amp; seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding &amp; custard <small>MILK</small> (see separate list for pudding allergens)</p>	<p><b>PLANT BASE SAUSAGE</b> SOYA SULPHUR DIOXIDE</p> <p><i>Served with:</i> mashed potatoes &amp; seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding &amp; custard <small>MILK</small> (see separate list for pudding allergens)</p> 	<p><b>JACKET POTATOES</b> with filling of the day</p> <p><b>PASTA KING</b> choice of the day</p> <p><b>BURGERS</b> served in a bun</p> 
THURSDAY	<p><b>CHICKEN HAM &amp; LEEK PIE</b> GLUTEN SOYA MILK</p> <p><i>Served with:</i> mashed potatoes &amp; seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p><b>CHEESE &amp; ONION SLICE</b> GLUTEN EGG MILK</p> <p><i>Served with:</i> mashed potatoes &amp; seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p><b>JACKET POTATOES</b> with filling of the day</p> <p><b>PASTA KING</b> choice of the day</p> <p><b>BURGERS</b> served in a bun</p> <p><b>SANDWICHES</b> assorted fillings</p> 
FRIDAY	<p><b>MSC BATTERED FISH</b> FISH GLUTEN</p>  <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p><b>FISHLESS FISH FINGERS</b> <small>GLUTEN</small></p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p><b>JACKET POTATOES</b> with filling of the day</p> <p><b>PANINIS</b> with filling of the day</p> <p><b>LOVE JOES</b> choice of the day</p> <p><b>SANDWICHES</b> assorted fillings</p> 

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### WEEK 3



	MAIN MEAL DEAL	VEGETARIAN MEAL DEAL	DAILY MEAL DEALS
MONDAY	<p><b>MEDITERRANEAN TAGLIAELLE</b> <small>GLUTEN MUSTARD SOYA EGG</small></p> <p><i>Served with:</i> garlic bread <small>GLUTEN MILK SOYA</small> &amp; mixed salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p><b>QUORN &amp; COCONUT CURRY</b> <small>MUSTARD CELERY MILK EGG</small></p> <p><i>Served with:</i> rice &amp; naan <small>GLUTEN</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p><b>JACKET POTATOES</b> with filling of the day</p> <p><b>PANINIS</b></p> <p><b>LOVE JOES</b></p> <p><b>SANDWICHES</b></p> <p><b>PASTA KING</b></p> 
TUESDAY	<p><b>SWEET &amp; SOUR CHICKEN</b> <small>CELERY</small></p> <p><i>Served with:</i> rice &amp; prawn cracker <small>CRUSTACEANS</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p><b>SWEET &amp; SOUR QUORN</b> <small>CELERY EGG</small></p> <p><i>Served with:</i> rice &amp; prawn cracker <small>CRUSTACEANS</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p><b>JACKET POTATOES</b> with filling of the day</p> <p><b>PANINIS</b> with filling of the day</p> <p><b>PASTA KING</b> choice of the day</p> <p><b>SANDWICHES</b> assorted fillings</p> 
WEDNESDAY	<p><b>ROAST GAMMON</b></p> <p><i>Served with:</i> mashed potatoes &amp; seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p><b>ROAST QUORN</b> <small>MILK EGG</small></p> <p><i>Served with:</i> mashed potatoes &amp; seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p><b>JACKET POTATOES</b> with filling of the day</p> <p><b>PANINIS</b></p> <p><b>LOVE JOES</b></p> <p><b>SANDWICHES</b></p> <p><b>PASTA KING</b></p> 
THURSDAY	<p><b>STEAK PIE</b> <small>GLUTEN SOYA</small></p> <p><i>Served with:</i> mashed potatoes &amp; seasonal vegetable</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding &amp; custard <small>MILK (see separate list for pudding allergens)</small></p> 	<p><b>PASTA AMERICANA (VEGGIE)</b> <small>SOYA GLUTEN MUSTARD</small></p> <p><i>Served with:</i> garlic bread <small>GLUTEN MILK SOYA</small> &amp; mixed salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding &amp; custard <small>MILK (see separate list for pudding allergens)</small></p> 	<p><b>JACKET POTATOES</b> with filling of the day</p> <p><b>LOVE JOES</b> choice of the day</p> <p><b>PASTA KING</b> choice of the day</p> <p><b>SANDWICHES</b> assorted fillings</p> 
FRIDAY	<p><b>MSC BATTERED FISH</b> <small>FISH GLUTEN</small></p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p><b>CHEESE &amp; ONION SLICE</b> <small>GLUTEN EGG MILK</small></p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p><b>JACKET POTATOES</b> with filling of the day</p> <p><b>PANINIS</b> with filling of the day</p> <p><b>BURGERS</b> served in a bun</p> <p><b>SANDWICHES</b> assorted fillings</p> 

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