

## WINTER MENU WEEK 1

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Chefs Meat special of the day</b>	Quorn Dippers  Milk Gluten	Nott's Sausages Gravy  Gluten, Sulphur Dioxide	Roast Beef and Yorkshire Puds  Milk, Egg, Gluten	Spaghetti Bolognaise  Gluten Fish	Breaded Fish Tartare Sauce  Fish, Gluten, Egg
<b>Chefs Vegetarian meal of the day</b>	Cheese and Tomato Quiche  Milk Egg Gluten	Plant based Sausages Gravy  Soya, Sulphur Dioxide	Roast Quorn Gravy  Milk, Egg	Quorn Bolognaise  Egg, Gluten	Fishless Fingers Tartare Sauce  Gluten, Egg
<b>Side Dishes</b>	New Potatoes Garlic Bread Baked Beans  Milk Gluten	Roast Potatoes Mashed Potatoes	Roast Potatoes Mashed Potatoes	Spaghetti Garlic Bread  Gluten, Milk	Chips
<b>Salads/Vegetables</b>	Mixed Salad Coleslaw  Egg	Carrots Broccoli	Carrots Green Beans	Mixed Salad Ranch Salad  Egg	Mushy Peas Baked Beans Gravy
<b>Chefs Pudding of the day</b>	Meringue Nests with fruit and cream Yoghurt or Fruit Egg Milk	Jam Sponge Custard Yoghurt or Fruit Egg, Gluten, Sulphur Dioxide, Milk	Chocolate Brownie Yoghurt or Fruit  Gluten, Milk	Date Slice Custard Yoghurt or Fruit  Gluten Milk	Fruit Muffin Yoghurt or Fruit  Gluten Egg

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