

## WINTER MENU WEEK 3

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Chefs Meat special of the day</b>	Tuna Pasta Bake  Fish Gluten	Nott's Sausages Gravy Gluten, Sulphur Dioxide	Roast Pork and Stuffing, Gravy  Gluten	Chicken Tikka Masala  Milk	Breaded Fish Tartare Sauce  Fish, Gluten, Egg
<b>Chefs Vegetarian meal of the day</b>	Vegetable Pasta Bake  Gluten	Plant based Sausages Gravy Soya Sulphur Dioxide	Roast Quorn and Stuffing  Milk, Egg, Gluten	Quorn Tikka Masala  Milk	Fishless Fingers Tartare Sauce  Gluten, Egg
<b>Side Dishes</b>	New Potatoes Garlic Bread  Milk, Gluten	Roast Potatoes Mashed Potatoes	Roast Potatoes Mashed Potatoes	Basmati Rice Naan Bread  Gluten, Milk	Chips
<b>Salads/Vegetables</b>	Mixed Salad Coleslaw Egg	Carrots Broccoli	Carrots Green Beans	Mixed Salad Ranch Salad  Egg	Mushy Peas Baked Beans Gravy
<b>Chefs Pudding of the day</b>	Apple and Cherry Crumble and Custard Yoghurt or Fruit  Egg, Milk	Rice Pudding Yoghurt or Fruit  Sulphur Dioxide, Milk	Chocolate Brownie Yoghurt or Fruit  Gluten, Milk	Eves Pudding Custard Yoghurt or Fruit  Gluten Milk	Cornflake Tart and Custard Yoghurt or Fruit  Gluten Sulphur Dioxide Milk

--	--	--	--	--	--