

SUMMER MENU WEEK 3

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chefs meat special of the day	Pasta Americano Gluten	Nott's Sausage Wheat, Milk, Mustard	Roast Beef Yorkshire Pudding Gravy Milk, Egg, Gluten	Chicken Tikka Masala Gluten	Breaded Fish Tartare Sauce Fish, Gluten, Egg
Chefs Vegetarian meal of the day	Mixed Bean Chilli, Basmati Rice Milk	Quorn Sausage Egg, Wheat, Milk, Mustard	Roast Quorn Yorkshire Puddings Gravy Milk, Egg, Gluten	Quorn Tikka Masala Egg, Wheat,	Fishless Fingers Tartare Sauce Gluten, Egg
Side Dishes	Roast New Potatoes Garlic Bread Gluten	Mashed Potatoes	Roast Potatoes Mashed Potatoes	Basmati Rice	Chips
Salads/Vegetables	Mixed Salad Coleslaw Egg	Carrots, Broccoli	Green Beans Cauliflower	Naan Bread Garlic Bread Gluten Milk	Mushy Peas Baked Beans Gravy
Chefs Pudding of the day	Chocolate Mousse Yoghurt or Fruit Milk	Jam and Cream Scones Yoghurt or Fruit Gluten, Milk	Cornflake Tart, Custard Yoghurt or Fruit Gluten, Milk, Sulphur Dioxide	Honey and Oatmeal Cookies Yoghurt or Fruit Gluten Milk	Lemon Sponge and Custard Yoghurt or Fruit Gluten, Egg, Milk

					Gluten Milk
--	--	--	--	--	--------------------